

TECHNOLOGICAL ADVANCES IN ENDOCRINE PRACTICE:

SURGICAL AND MEDICAL PERSPECTIVES
FROM BOTH SIDES OF THE AEGEAN

Henry Dunant Hospital I Athens
October 24, 2026



**SCIENTIFIC
PROGRAMME**

TECHNOLOGICAL ADVANCES IN ENDOCRINE PRACTICE:

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Henry Dunant Hospital | Athens
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Technological Advances in Endocrine Practice: Surgical and Medical Perspectives from Both Sides of the Aegean

Saturday, October 24, 2026

Henry Dunant Hospital Center, Athens, Greece

08:30 – 08:45

Welcoming

Apostolos Goropoulos, Ozer Makay, Marco Raffaelli, Dimitrios Linos

08:45 – 09:05

Lecture 1

Chairs: Apostolos Goropoulos, Yasemin Giles Senyurek

Beyond Technology: Re-discovering the Human in Endocrine Surgery

Speaker: Mete Duren

09:05 – 10:15

Round Table 1

Imaging & Localization Technologies

Chairs: Ali Ugur Emre, Grigorios Rombopoulos

1. Can new ultrasound technology and AI replace FNA in the risk stratification of thyroid nodules?, Aggeliki Chorti
2. Imaging protocols and novelties in parathyroid disease. What can we do when imaging fails (discordant or negative imaging)?, Mine Aras
3. Adrenal imaging. From adrenal incidentaloma work up to surgical decision making in benign and malignant tumors, Chrysanthi Aggeli
4. Gallium and FDG PET CT in Neuroendocrine tumors. Who is the protagonist?, Zeynep Burak

Comments: Hüsnü Aydin, Konstantinos Vlachos, Gokcen Unal Kocabas, Krystallenia Alexandraki

10:15 – 10:30

Coffee Break

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10:30 – 11:40

Round Table 2

Robotic & Minimally Invasive / remote access Surgery & other alternative treatment modalities

Chairs: Ioannis Koutelidakis, Mete Düren

1. TOETVA (Transoral Endoscopic Thyroidectomy Vestibular Approach): indications and limitations, Ioannis Pliakos
2. Robotically – assisted thyroid and lymph node surgery (Does robotics offer true advantages, Fatih Tunca
3. Minimally invasive parathyroid surgery, Efthymios Poullos
4. Robotic adrenalectomy. Is it an approach with benefit for the surgeon, the patient or both?, Murat Ozdemir
5. Non-Surgical Alternatives for Thyroid Nodules (Radiofrequency Ablation (RFA), Laser, microwave, and ethanol ablation: comparative effectiveness, Konstantinos Chaidas

Comments: Ali Ugur Emre, Nurcihan Aygun, Panagiotis Kekis, Gerasimos Tsourouflis

11:40 – 13:10

Round Table 3

Intraoperative Monitoring & autofluorescence – Navigation systems

Chairs: Serkan Teksoz, Levan Ramishvili, Aristotelis Kechagias

1. Continuous Neuromonitoring in Thyroid surgery, Ismail Cem Sormaz
2. Parathyroid Autofluorescence Technologies, Nikolaos Michalopoulos
3. Rapid intraoperative PTH monitoring: any new dilemmas from the old protocols? Selen Soylu
4. Advances in the intraoperative monitoring and management of hormonal active tumours, Nikolaos Voloudakis
5. Two-stage thyroidectomy: an appraisal, Yalin Iscan
6. ICG in endocrine surgery, Panagiotis Metaxas

Comments: Yigit Turk, Ahmet Cem Dural, Charidimos Markogiannakis, Stefanos Atmatzidis

13:10 – 13:50

Lunch Break

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13:50 – 14:20

Lecture 2

Chairs: Theodosios Papavramidis, Ozer Makay

Adjuncts to avoid complications in Endocrine surgery

Speaker: Marco Raffaelli

14:20 – 16:20

Round Table 4 (voting of the audience and commentary from panelists)

Moderators: Yasemin Giles Senyurek, George N. Zografos

MDT session with interactive participation: Four complication cases presentations

1. Case number 1 (INDOLENT CASE), Apostolos Goropoulos
2. Case number 2, Mehmet Taner Unlu
3. Case number 3, Tugba Matlim Ozel
4. Case number 4, Theodosios Papavramidis

Panelists: Nikolaos Roukounakis, Krystallenia Alexandraki, Dimitrios Goutas, Georgios Karapostolakis, Serkan Teksöz, Marco Raffaelli, Zeynep Burak, Gokcen Unal Kocabas, Levan Ramishvili

16:20 – 16:50

Coffee Break

16:50 – 18:15

Round table 5

Molecular & Precision Surgery

Chairs: Stylianos Kapiris, Serkan Teksöz

1. Active surveillance vs surgery in low-risk thyroid cancer. Orhan Agcaoglu
2. Molecular panel testing in indeterminate nodules. Why is Europe not catching up? George Simeakis
3. Personalized lymph node dissection strategies, Ahmet Cem Dural
4. Percision surgery in medullary thyroid carcinoma, from lobectomy to prophylactic lymph node surgery, Kyriakos Vamvakidis

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5. Secondary hyperparathyroidism. One surgical approach fits all vs tailored surgical approach, **Serkan Karaisli**

Comments: Christos Christoforidis, **Gokcen Unal Kocabas**, Apostolos Goropoulos, **Nurcihan Aygun**

18:15 – 19: 45 Round table 6

Molecular & Precision Surgery

Chairs: Nikolaos Roukounakis, **Serkan Sari**

1. Tailored-driven surgical strategy in adrenal disease, Konstantinos Nastos
2. Theranostics: linking imaging with targeted therapy in NETS, **Mine Aras**
3. Pancreatic NETS <2 cm: Who to observe, and who to operate, Kosmas Daskalakis
4. Pancreatic NETS <2 cm: Type of operation, George N. Zografos
5. Lobectomy vs total thyroidectomy: a precision-based approach, **Akif Enes Arikan**
6. Role of targeted therapies (TKIs, RET inhibitors) in advanced Thyroid disease, Katerina Saltiki

Comments: **Serkan Teksoz**, **Alper Sahbaz**, Ioannis Maroulis, Ioannis Koutsikos

19:45

Adjourn and poster prizes

Poster Session (E-Poster)

Session 1 Chairs: TR- Ilias Zorbas, Michail Katsamakas, **Mehmet Köstek**, Muhammer Ergenc

Session 2 Chairs: TR- Efthymios Poullos, Christos Christoforidis, **Yigit Turk**, Sezer Akbulut